

Home Group Study Material for w/c 18th October 2010
Matthew 11:25-30 Rest for dummies

Suggested questions for discussion – as usual please modify them as appropriate for your group

The aim of the study is to explore the truth that Jesus is the centre around which everything in life has its place and its meaning. It is because the world does not understand this, that it is so restless.

1. 'Intro' question: What is your idea of a perfect day?
2. Think of the times when you are too busy. What are the typical causes of this busyness? What control do you have over this busyness? Are you generally too busy or not busy enough?

Please read Matthew 11:25-30

3. What are "these things" in verse 25? Why did Jesus praise God for hiding them from the "wise and learned" and revealing them to "little children"?
4. Pick out all the examples you can find in the passage which reveal the uniqueness of Jesus and discuss the significance of them
5. What are the things that make us weary and burdened? How can coming to Jesus (verse 28) help us with this? How does he give us the rest we crave? Be as specific as you can be.
6. What is Jesus' yoke? Why should we put it on?
7. What is God's design for you and your life? Is this the life you are actually living or do some adjustments and/or wise choices need to be made? What active steps could you take in the next week to investigate this or even make actual changes!

Issued by Jeremy Bamber
15/10/10